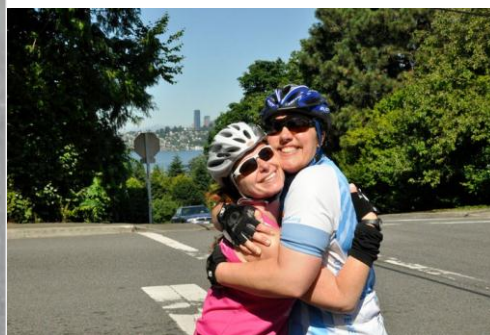


Cycle the WAVE and Wuhoo Fitness

Cycle the WAVE and Wuhoo Fitness have teamed up to offer you a fantastic comprehensive training program that makes sure you're ready to ride the 25 mile Girly Girl Route!



Coach Jennifer



Training Program Includes:

- Weekly coached group training rides, as well as weekly training program to follow at home.
- Low athlete to coach ratio to insure individual attention for all abilities.
- How to change a flat, bike safety, rules of the road, and much, MUCH more!
- Registration for Cycle the WAVE ride (\$65)
- 2012 Limited Edition Cycle the WAVE jersey (\$65 value)
- Training dates: Sunday's July 8th – Sept. 16, 2012
- An AMAZING group of women just like yourself to train with!
- Special offers and opportunities offered by Veloce Velo bike shop on Mercer Island.

8 Week complete training program package only \$399.00

Register Today! Space is limited!

For additional questions please contact Jennifer Malocha at jennifer@wuhoofitness.com